



Falls Prevention Program

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Situation

- 1 in 3 seniors fall each year
- 50% who fall never fully regain previous mobility
- 20% who survive a hip fracture die within 1 year

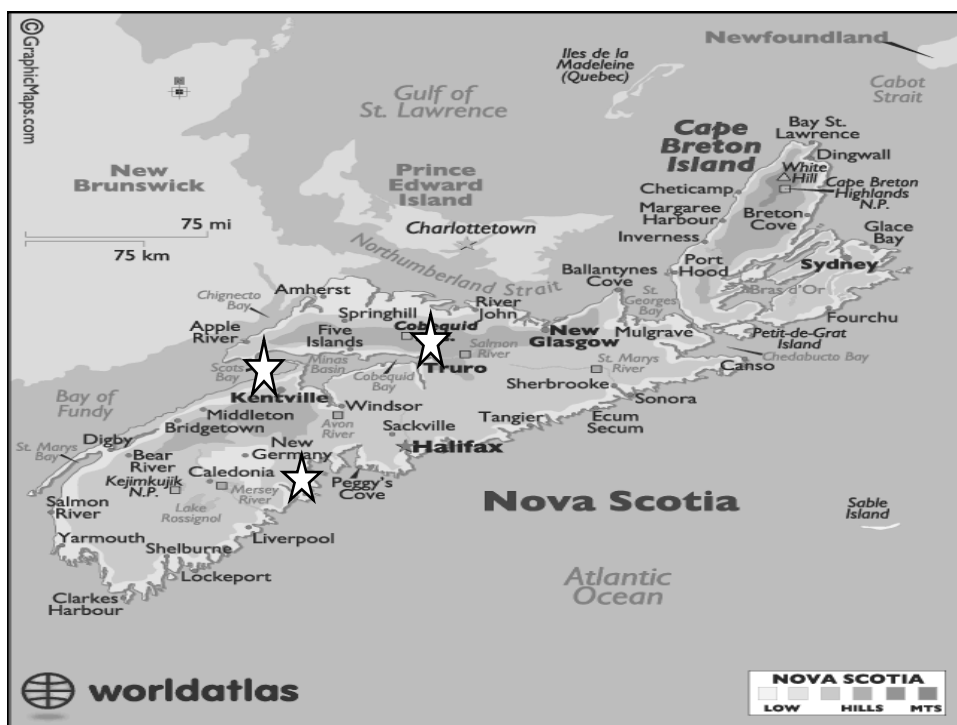
Seniors who fall at home and are not transported to Hospital by EHS are at particular risk of not getting the assistance they need to prevent another perhaps much more serious fall from occurring.






Program Overview

- EHS has partnered with Falls Prevention within several communities in Nova Scotia to help identify seniors at risk for serious injury from falls.
- Paramedics identify and enroll seniors 65 or older whose chief complaint was a fall and are not being transported to Hospital.
- Clinical Support Desk assists crews in the enrollment process.
- Falls Prevention begins follow-up services with those patients enrolled.
- Residents of Long Term Care Facilities are excluded from the program.





Information Exchange


Paramedic crews chart vital information to assist Falls Prevention in the follow-up process which includes but is not limited to:

- **How often patient falls.**
- **Recent medication changes or illnesses.**
- **Condition of residence.**
- **Care giver support, if any.**

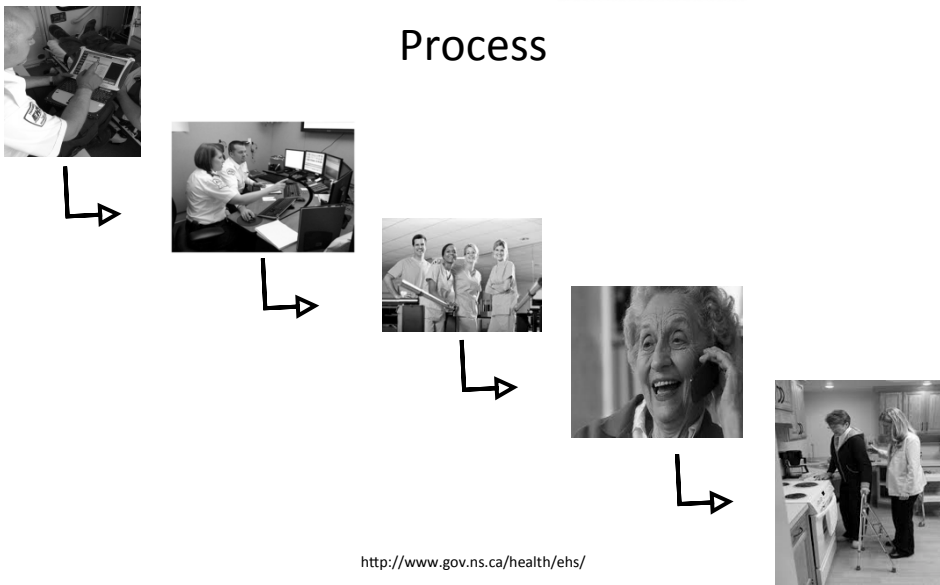
Falls Prevention then calls the patient to discuss enrollment plan and then schedules a home visit with them.

<http://www.gov.ns.ca/health/ehs/>

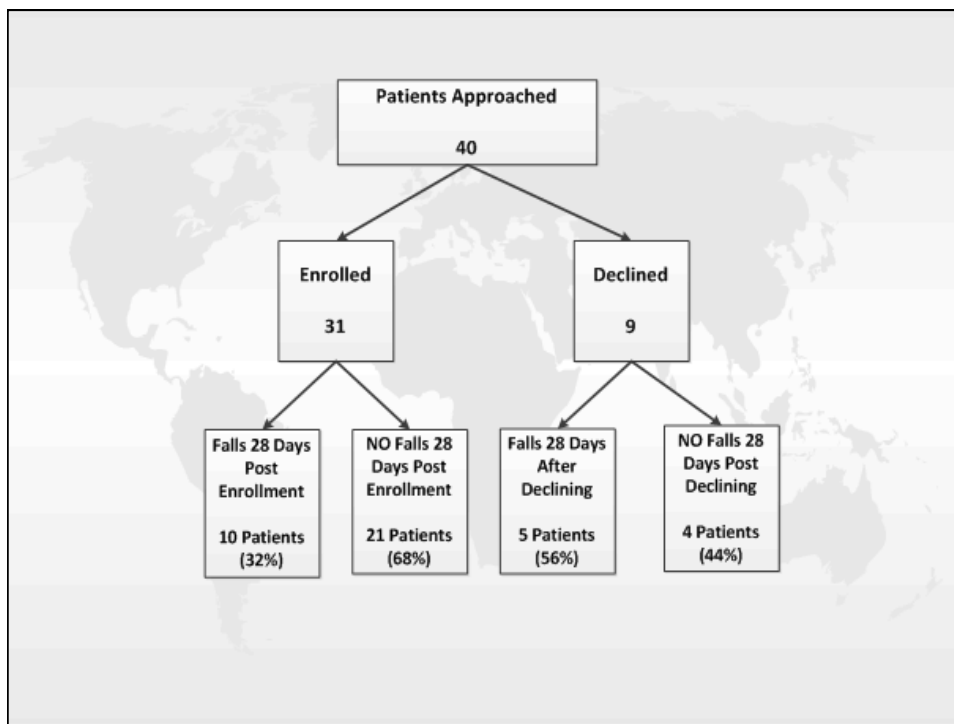
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Process



<http://www.gov.ns.ca/health/ehs/>




Conclusion

- In the past this patient population would be missed by Falls Prevention programs.
- Paramedics are ensuring these patients receive timely interventions to help prevent a sentinel event from occurring.
- This is a relatively simple program that make use of current capacity in delivering extra care to seniors in need.

<http://www.gov.ns.ca/health/ehs/>

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The banner at the top of the slide features a black and white photograph of an EHS helicopter on the left and an EHS ambulance on the right. The text "EHS" is prominently displayed in large, bold, italicized letters, with "Emergency Health Services" in a smaller font below it. The Nova Scotia coat of arms and the words "NOVA SCOTIA" are also included in the banner.

Thank You

<http://www.gov.ns.ca/health/ehs/>

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